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Journey to the centre of the Earth

Introduction

These instructions will help you to survive when going on a journey to the centre of the Earth.

What you will need and why

- 1. To get to the centre of the Earth you will need some sort of hole in the ground like a volcano (extinct preferably)
- 2. To get down that hole in the ground you will need some sort of climbing equipment
- 3. A hard hat so any low ceilings or debris don't damage your head in any serious way,
- 4. Take a torch so you can see down the long, dark pathways and tunnels,
- Take as much food and water as you can carry in a backpack if you need any refills there are underground water pools that have suitable drinking water
- 6. Make sure you have a waterproof sleeping bag so you don't wet or dirty while you sleep.
- 7. Have water proof clothes so you don't get wet and make sure you wear plenty of worm layers.
- 8. Climbing shoes or suitable walking shoes for rocky surfaces.
- 9. Take a camping stove and a pot for cooking any raw food and take a metal mug for any coffee or tea the you may take.
- 10. Take a compass and a map so you can get around and so you don't get lost.
- 11. I would also take someone with you who has experience of climbing and caving.

