



Hearts and Minds Curriculum 2025/26

Incorporates: Equality and Diversity, RSE, safeguarding, anti-bullying, mental wellbeing, British Values and PSHE

Health Education, School Values and PSHE along with the above are covered in whole school assemblies

Colour Codes	
PSHE	
Equality and Diversity	
RSE	
Safeguarding	
Road Safety	
Online safety	

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
This year's equality and diversity focus is on different cultures, beliefs and religions in the UK							
TERM 1							
TERM ONE 1.9.25	Settling In Rules & Routines	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge
8.9.25 Democracy	No Outsiders Hello, Hello Behaviour & Reward Systems School Values	School Council – vote (2) KS1 – Why do we vote? Why is voting important?	School Council – vote (2) KS1 – Why do we vote? Why is voting important?	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (4) KS2 - How does the voting process work? What is democracy – link to parliament
15.9.25 School Values	Self-Regulation To identify different feelings and emotions	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)
15.9.25 Online Safety	Self-Regulation To identify & express my feelings	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)
22.9.25 PSHE - Happy Minds	Self-Regulation To consider the reasons behind our emotions To explore different coping strategies to help regulate our emotions	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
29.9.25 School Values	Self-Regulation To explore different ways of describing our feelings	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)
29.9.25 Online Safety		Online Relationships (First Lesson)	Online Relationships (First Lesson)	Online Relationships (First Lesson)	Online Relationships (First Lesson)	Online Relationships (First Lesson)	Online Relationships (First Lesson)
6.10.25 Equality and Diversity Stonewall and Show racism the red card	Self-Regulation To explore different facial expressions and what they mean	Different Families	Different Families	The Words We Use	Make a Group.	Exploring Identity	Role Models

13.10.25 PSHE - Happy Minds	Self-Regulation To begin to understand how to moderate behavior socially & emotionally	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
20.10.25 School Values	No Bystander Pledge Building Relationships To talk about our families To understand that all families are valuable and special	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)
20.10.25 Online Safety	Staying Safe on the Internet What is the internet? Why should I ask an adult before using the internet? What do I do if something strange pops up? What if someone tries to talk to me? Screen Time	Online Reputation (First Lesson)	Online Reputation (First Lesson)	Online Reputation (First Lesson)	Online Reputation (First Lesson)	Online Reputation	Online Reputation
Half Term							
3.11.25 Equality and Diversity No Outsiders	No Outsiders The Family Book by Todd Parr	I Like the Way I Am Elmer by David Mckee	To Welcome Different People Can I join your club by John Kelly	To Understand What Discrimination Means This is our house by Michael Rosen	To Help Someone Accept Difference Along came a different by Tom McLaughlin	To Consider Consequences Kenny lives with Erica and Martina by Olly Pike	To Consider Responses to Immigration King of the sky by Nicola Davis
10.11.25 PSHE - Happy Minds	Building Relationships Talk about people who are special to us Understand what it means to be a valued person	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
17.11.25 School Values	Building Relationships To understand why it is important to share and co-operate with others To develop strategies to help share with others	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)
17.11.25 Online Safety		Online Bullying (First Lesson)	Online Bullying (First Lesson)	Online Bullying (First Lesson)	Online Bullying (First Lesson)	Online Bullying (First Lesson)	Online Bullying (First Lesson)
24.11.25 PSHE - Happy Minds	Building Relationships To see myself as a valuable individual. To understand that it is ok to like different things	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
1.12.25 Safeguarding	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’
8.12.25 PSHE - Happy Minds	Building Relationships To explore diversity through similarities and differences	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate
15.12.25 Equality and Diversity No Outsiders	No Outsiders You Choose	To Join In Going to the volcano by Andy Stanton	To Have Self-Confidence How to be a lion by Ed Vere	To Understand What a Bystander Is We’re all wonders by R. J. Palacio	To Choose When to be Assertive Dogs don’t do ballet by Anna Kemp	To Justify My Actions Rose Blanche by Ian McEwan	To Consider Language and Freedom of Speech The only way is Badger by Stella J Jones

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