



# Hearts and Minds Curriculum 2024/25

**Incorporates: Equality and Diversity, RSE, safeguarding, anti-bullying, mental wellbeing, British Values and PSHE**

**\*Health Education, School Values and PSHE along with the above are covered in whole school assemblies\***

Colour Codes	
<b>PSHE</b>	
<b>Equality and Diversity</b>	
<b>RSE</b>	
<b>Safeguarding</b>	
<b>Road Safety</b>	
<b>Online safety</b>	

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b><u>This year's equality and diversity focus is on different cultures, beliefs and religions in the UK</u></b>							
<b>TERM 1</b>							
<b>TERM ONE</b> 2.9.24	Settling In Rules & Routines	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge
09.9.24 Democracy	<b>No Outsiders</b> Hello, Hello  <b>Behaviour &amp; Reward Systems</b> <b>School Values</b>	School Council – vote (2) KS1 – Why do we vote? Why is voting important?	School Council – vote (2) KS1 – Why do we vote? Why is voting important?	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (4) KS2 - How does the voting process work? What is democracy – link to parliament
16.9.24 School Values	<b>Self-Regulation</b> To identify different feelings and emotions	<b>Fairness – relate to our school value: penguins</b> What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	<b>Fairness – relate to our school value: penguins</b> What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	<b>Fairness – relate to our school value: penguins</b> What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	<b>Fairness – relate to our school value: penguins</b> What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	<b>Fairness – relate to our school value: penguins</b> What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	<b>Fairness – relate to our school value: penguins</b> What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)
16.9.24 Online Safety	<b>Self-Regulation</b> To identify & express my feelings	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)	Self-Image and Identity (First Lesson)
23.9.24 PSHE - Happy Minds	<b>Self-Regulation</b> To consider the reasons behind our emotions To explore different coping strategies to help regulate our emotions	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
30.09.24 School Values	<b>Self-Regulation</b> To explore different ways of describing our feelings	<b>Teamwork– relate to our school value: dolphin</b> What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	<b>Teamwork– relate to our school value: dolphin</b> What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	<b>Teamwork– relate to our school value: dolphin</b> What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	<b>Teamwork– relate to our school value: dolphin</b> What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	<b>Teamwork– relate to our school value: dolphin</b> What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	<b>Teamwork– relate to our school value: dolphin</b> What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)
30.9.24 Online Safety		Online Relationships (First Lesson)	Online Relationships (First Lesson)	Online Relationships (First Lesson)	Online Relationships (First Lesson)	Online Relationships (First Lesson)	Online Relationships (First Lesson)
07.10.24 Equality and Diversity Stonewall and Show racism the red card	<b>Self-Regulation</b> To explore different facial expressions and what they mean	<b>Different Families</b>	<b>Different Families</b>	<b>The Words We Use</b>	<b>Make a Group.</b>	<b>Exploring Identity</b>	<b>Role Models</b>

14.10.24 PSHE - Happy Minds	<b>Self-Regulation</b> To begin to understand how to moderate behavior socially & emotionally	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
21.10.24 School Values	<b>No Bystander Pledge Building Relationships</b> To talk about our families To understand that all families are valuable and special	<b>Curiosity - relate to our school value: meerkat</b> What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	<b>Curiosity - relate to our school value: meerkat</b> What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	<b>Curiosity - relate to our school value: meerkat</b> What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	<b>Curiosity - relate to our school value: meerkat</b> What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	<b>Curiosity - relate to our school value: meerkat</b> What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	<b>Curiosity - relate to our school value: meerkat</b> What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)
21.10.24 Online Safety	<b>Staying Safe on the Internet</b> What is the internet? Why should I ask an adult before using the internet? What do I do if something strange pops up? What if someone tries to talk to me? Screen Time	Online Reputation (First Lesson)	Online Reputation (First Lesson)	Online Reputation (First Lesson)	Online Reputation (First Lesson)	Online Reputation	Online Reputation
<b>HALF TERM</b>							
04.11.24 Equality and Diversity No Outsiders	<b>No Outsiders</b> The Family Book by Todd Parr	I Like the Way I Am Elmer by David Mckee	To Welcome Different People Can I join your club by John Kelly	To Understand What Discrimination Means This is our house by Michael Rosen	To Help Someone Accept Difference Along came a different by Tom McLaughlin	To Consider Consequences Kenny lives with Erica and Martina by Olly Pike	To Consider Responses to Immigration King of the sky by Nicola Davis
11.11.24 PSHE - Happy Minds	<b>Building Relationships</b> Talk about people who are special to us Understand what it means to be a valued person	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
18.11.24 School Values	<b>Building Relationships</b> To understand why it is important to share and co-operate with others To develop strategies to help share with others	<b>Resilience– relate to our school value: turtle</b> What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	<b>Resilience– relate to our school value: turtle</b> What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	<b>Resilience– relate to our school value: turtle</b> What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	<b>Resilience– relate to our school value: turtle</b> What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	<b>Resilience– relate to our school value: turtle</b> What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	<b>Resilience– relate to our school value: turtle</b> What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)
18.11.24 Online Safety		Online Bullying (First Lesson)	Online Bullying (First Lesson)	Online Bullying (First Lesson)	Online Bullying (First Lesson)	Online Bullying (First Lesson)	Online Bullying (First Lesson)
25.11.24 PSHE - Happy Minds	<b>Building Relationships</b> To see myself as a valuable individual. To understand that it is ok to like different things	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
02.12.24 Safeguarding	<b>Talk PANTS</b> ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’	Talk PANTS ‘Pants are Private’
09.12.24 PSHE - Happy Minds	<b>Building Relationships</b> To explore diversity through similarities and differences	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate
16.12.24 Equality and Diversity No Outsiders	<b>No Outsiders</b> You Choose	To Join In Going to the volcano by Andy Stanton	To Have Self-Confidence How to be a lion by Ed Vere	To Understand What a Bystander Is We’re all wonders by R. J. Palacio	To Choose When to be Assertive Dogs don’t do ballet by Anna Kemp	To Justify My Actions Rose Blanche by Ian McEwan	To Consider Language and Freedom of Speech The only way is Badger by Stella J Jones

TERM 2							
06.01.25 Safeguarding	Stranger Danger – remind of the whistle policy Managing Self To understand why we have rules	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy
13.01.25 PSHE - Happy Minds	Managing Self Understand the importance of persistence Develop confidence in own abilities	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate
20.01.25 Online Safety	Digiduck's Famous Friend Keeping personal information safe online	Managing Online Information (First Lesson)	Managing Online Information (First Lesson)	Managing Online Information (First Lesson)	Managing Online Information (First Lesson)	Managing Online Information (First Lesson)	Managing Online Information (First Lesson)
27.01.25 PSHE - Happy Minds	Managing Self To work together to overcome challenges To communicate effectively	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate
03.02.25 Equality and Diversity No Outsiders	No Outsiders Red Rockets & Rainbow Jelly	To Find Ways to Play Together Want to play trucks? By Ann Stott	To Understand What Diversity Is The great big book of families by Mary Hoffman	To Be Welcoming Beegu by Alexis Deacon	To Be Proud of Who I Am Red: A crayon's story by Michael Hall	TO Consider Responses to Racist Behaviour Mixed by Arree Chung	To Overcome Fears about Difference Leaf by Sandra Dieckmann
10.02.25 PSHE - Happy Minds	Managing Self To learn and practice 'grounding' coping strategies	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate
HALF TERM							
24.02.25 PSHE - Happy Minds	Self-Regulation To understand why it is important to listen carefully	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate
03.03.25 Road Safety	Self-Regulation To listen attentively to retell parts of a familiar story	Road Safety	Road Safety	Road Safety	Road Safety	Road Safety	Road Safety
03.03.25 Online Safety	Detective Digi duck Not everything on the internet is true Self-Regulation To follow instructions involving several ideas or actions	Health, Well-Being and Lifestyle (First Lesson)	Health, Well-Being and Lifestyle (First Lesson)	Health, Well-Being and Lifestyle (First Lesson)	Health, Well-Being and Lifestyle (First Lesson)	Health, Well-Being and Lifestyle (First Lesson)	Health, Well-Being and Lifestyle (First Lesson)
10.03.25 PSHE - Happy Minds	Self-Regulation To give simple instructions	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate
17.03.25 Equality and Diversity No Outsiders	No Outsiders Mommy, Mama and Me by Leslea Newman	Proud To Be Me Hair, it's a family affair by Mylo Freeman	To Think About What Makes a Good Friend Amazing by Steve Antony	To Recognise a Stereotype The truth about old people by Elina Ellis	To Find Common Ground Aalfred and Albert by Morag Hood	To Recognise When Someone Needs Help How to heal a broken wing by Bob Graham	To Consider Causes of Racism The island by Armin Greder
24.03.25 Christopher Winter	Self-Regulation To listen and respond to phrases and instructions involving many ideas / actions	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter
31..03.25 PSHE - Happy Minds	Building Relationships To understand we all, have different beliefs and celebrate special times in different ways	Relate	Relate	Relate	Relate	Relate	Relate
TERM 3							
22.04.25 PSHE - Happy Minds	Building Relationships To understand why sharing is important	Relate	Relate	Relate	Relate	Relate	Relate
28.04.25 PSHE - Happy Minds	Building Relationships To understand the characteristics that make a good friend	Relate	Relate	Relate	Relate	Relate	Relate
28.04.25 Online Safety	Digi duck and the Magic Castle Hidden risks in online games – pop us, peer pressure, purchases	Privacy and Security (First Lesson)	Privacy and Security (First Lesson)	Privacy and Security (First Lesson)	Privacy and Security (First Lesson)	Privacy and Security (First Lesson)	Privacy and Security (First Lesson)
06.05.25 PSHE - Happy Minds	Building Relationships To understand why it is important	Engage	Engage	Engage	Engage	Engage	Engage

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