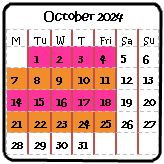
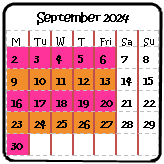
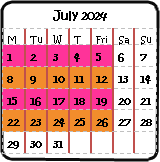


We are taking steps to *reduce sugar in our recipes*



We can and will cater for all *special dietary requirements*

We are taking steps to *reduce single use plastic*





At:

Rode Heath Primary School

Our food is free from *undesirable trans fats, sweeteners and additives*

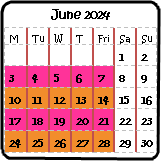
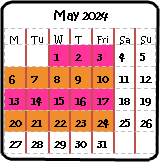
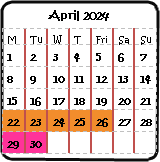
Our food is freshly prepared on site by professional staff who care about quality and ingredients



We support local wherever possible…our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

Our “Food For Life Served Here” menu means we serve

*Fresh, local, honest food*.



We use free *range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

**Spring/ Summer Menu 2024**



**MONDAY**

Vegetarian

Sausage Roll,

Potatoes, Veg & Gravy

**TUESDAY**

Spaghetti Bolognese

With Homemade

Garlic Bread

**WEDNESDAY**

Butchers Sausage,

Mash Potato, Veg

& Gravy

**THURSDAY**

Chicken Korma

with Rice

**FRIDAY**

Fish Fingers

with Chips &

Baked Beans or peas

(v) Pasta Jacket Potato

Italienne with a choice

of fillings

Vegetarian Jacket Potato

Spaghetti with a

Bolognese Choice of

& Garlic Bread Fillings

Plant Friendly Sausage, Mash Potato, Veg & Gravy

Quorn Korma Jacket Potato

& Rice (v) with a choice

Of Fillings

Mini Omelette Popovers with Chips & Beans

or Peas (v)

Orange Cookie,

Yogurt or Seasonal Fruit Platter

Chocolate Penny Biscuits or

Seasonal Fruit

Platter

Ice Cream &

Fruit Coulis or

Seasonal Fruit

Platter

Carrot & Pineapple Cake or Seasonal

Fruit Platter

Chocolate Crunch

Finger & Fruit Chunk

or Seasonal Fruit

**MONDAY**

**Cheese & Tomato**

**Pizza with Paprika**

**Potatoes & Salad (v)**

**TUESDAY**

BBQ Pork Wrap

with Savoury

Rice

**WEDNESDAY**

Roast Chicken

Stuffing, Potatoes

Veg & Gravy

**THURSDAY**

Chicken & Tomato

Pasta Italienne

**FRIDAY**

Breaded Fish Star

with Chips & Baked

Beans or Peas

Jacket Potato

With a choice

Of fillings

Ravioli in Jacket Potato

Homemade with a choice

Tomato fillings

Sauce (v)

**Roast Quorn Fillet**

**Stuffing Potatoes,**

**Veg & Gravy (v)**

Cheesy Jacket Potato

Pasta (v) with a choice

fillings

**Vegetarian Sausage with Chips & Baked Beans or Peas (v)**

Melting Moments, Yogurt or Seasonal Fruit Platter

Tangy Lemon Cake

or Seasonal Fruit

Platter

Fruit Oatie Finger or Seasonal Fruit Platter

Shortbread Finger & Fruit Chunk or Seasonal Fruit Platter

Summer Fruit Flapjack or Seasonal Fruit Platter

**FILLED JACKET POTATO AVAILABLE EVERY MONDAY, TUESDAY & THURSDAY**

**Fillings available Beans, cheese, tuna**