The Mole had been working hard, all night in his house.. He was very tired. He had dust all over him. He crossly flung down his brush and decided to leave. He slowely went up the tunnel and came out into the sunlight. He ran through the meadows gleefully and stopped at the fast flowing river. At sunset he finally sat down against a tree trunk by the river and looked around him. He saw a big hole and a friendly face peeping out. It was the Rat.

Now try and write some additional sentences of your own, using adverbs and adverbial phrases

The next minute the friendly Rat jumped came out his big homely hole. Excitedly Rat hugged |Mole knocking them both quickly over into the wet, cold, muddy river bank.