The Championships!

Acrobatics friends



Gym challenges

CHAPTER 1

Once upon a time lived a little girl called Jessica. She lived on cherry lane with her mum Sarah and dad Paul. On Thursday, she went to the gym in Stoke.

When she got to the changing room she saw Everleigh by the door to her locker chucking a mouldy sandwich inside, by the way she's the school bully.

Inside the gym her teacher was talking to Maybel Bishop about her cartwheels and told her to get me, I had no idea why, but I knew something was wrong. When Maybel told me why the teacher wanted me I knew why.

The teacher asked me If I wanted to go to the school championships in London!

I said I would check with my mum about it, she said I was allowed! I was so excited for it because it I'd never been before! In the meantime, I was practicing my somersault for my friend's birthday party Laureli Bree.

She wanted a gymnastics party because she just passed her test on acrobatics on Saturday afternoon. Later that day I was sat at the edge of the pool with Maybel we were at the leisure centre in Alsager. The lifeguard is my dad he always teases us when we are there "I remember that time when your dad pushed us in I don't know why they let him be a lifeguard if he does that!" Maybel said. My mum is a Librarian at All Saints library, she likes to cook a lot of tricky dishes. This morning I could not believe my eyes!

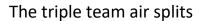


Dear Jessica,

We invite you to be on the team for the championships at London sport centre at 12:35 pm.

You have a choice of routine down below:

Somersault, splits belt and titanic lift



Or your own idea



We hope you come.

Yours sincerely

Mrs Brooks.

My mum got me a new leotard for the competition! The leotard was amazing because of the diamonds and pattern!



Maybel was impressed by my routine for the party me and Maybel were the coolest at the party. Surprisingly Laureli got a new leotard as well for her present from me and Maybel was a new gym mat! The party was the best party I'd been to because we got to go and watch the Olympics [gymnastics].



CHAPTER 2

The next morning, I woke up and I did my maths homework, and then I carried on my routine on my own I chose the triple team air splits the way I practiced it

Is I practiced my splits on the bed and did somebody flexibility skills and then I went back to sleep, after I woke up again I was eating beans on toast with some Greek yoghurt. My mum was busy ordering new books for the library and a gymnastic one for me! The book was about the most famous gymnasts of all time at the moment I was just finishing my breakfast when the doorbell rang I rushed to the door and opened the it and could not believe my eyes...

The team that I was going to be in was at my front door and they said they wanted to rehearse the routine with me and their names were Maggie and amber they were sisters and best friends! We had the best time I we could, and we get on really well because of our similarities! My mum was chatting to their mum and dad, dad wasn't there he was at work already he always phones me and mum when we are having breakfast and playing scrabble with each other. At school we were learning about the Saxons me and Maggie sit next to each other and just spend most of our time chatting and not working or listening to the teacher. My teacher is called Mrs Alaster the teaching assistant is called Miss Morris we call her Liz because her name is Elizabeth.

At the lunch bar me and Maggie where chatting about who was going to be on the top she thought I would be good because I am the lightest of the three of us because of my age. My mum was proud of me for my effort in the gym today because I did my conditioning with Maybel and Maggie. I made my mum laughat training beause