



Hearts and Minds Curriculum 2023/24

Incorporates: Equality and Diversity, RSE, safeguarding, anti-bullying, mental wellbeing, British Values and PSHE

Health Education, School Values and PSHE along with the above are covered in whole school assemblies

Colour Codes	
PSHE	
Equality and Diversity	
RSE	
Safeguarding	
Road Safety	
Online safety	

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
This year's equality and diversity focus is on different cultures, beliefs and religions in the UK							
TERM 1							
TERM ONE 4.9.23	Settling In Rules & Routines	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge	No bystander pledge
11.9.23 Democracy	No Outsiders Hello, Hello Behaviour & Reward Systems School Values	School Council – vote (2) KS1 – Why do we vote? Why is voting important?	School Council – vote (2) KS1 – Why do we vote? Why is voting important?	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (2) KS2 - How does the voting process work? What is democracy – link to parliament	School Council – vote (4) KS2 - How does the voting process work? What is democracy – link to parliament
18.9.23 School Values	Self Regulation To identify different feelings and emotions	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)	Fairness – relate to our school value: penguins What does fair look like? How can we be fair? Is our school a fair place? What could make it even more fair? (School council to discuss class discussions in their weekly meeting)
18.9.23 Online Safety	Self Regulation To identify & express my feelings	Passwords	Passwords	Cyberbullying	Cyberbullying	Cyberbullying	Fake News
25.9.23 PSHE - Happy Minds	Self Regulation To consider the reasons behind our emotions To explore different coping strategies to help regulate our emotions	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
2.10.23 School Values	Self Regulation To explore different ways of describing our feelings	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)	Teamwork– relate to our school value: dolphin What does teamwork look like? How can we be a team? (School council to discuss class discussions in their weekly meeting)
9.10.23 Equality and Diversity Stonewall and Show racism the red card	Self Regulation To explore different facial expressions and what they mean	Different Families	Different Families	The Words We Use	Make a Group..	Exploring Identity	Role Models

16.10.23 PSHE - Happy Minds	Self Regulation To begin to understand how to moderate behavior socially & emotionally	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
HALF TERM							
30.10.23 School Values	No Bystander Pledge Building Relationships To talk about our families To understand that all families are valuable and special	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)	Curiosity - relate to our school value: meerkat What does curiosity look like? How can we be curious? (School council to discuss class discussions in their weekly meeting)
30.10.23 Online Safety	Staying Safe on the Internet What is the internet ?Why should I ask an adult before using the internet?What do I do if something strange pops up?What is someone tries to talk to me?Screen Time	Friends	Friends	Digital Footprints	Digital Footprints	Digital Footprints	Phishing
6.11.23 Equality and Diversity No Outsiders	No Outsiders The Family Book by Todd Parr	I Like the Way I Am Elmer by David McKee	To Welcome Different People Can I join your club by John Kelly	To Understand What Discrimination Means This is our house by Michael Rosen	To Help Someone Accept Difference Along came a different by Tom McLaughlin	To Consider Consequences Kenny lives with Erica and Martina by Olly Pike	To Consider Responses To Immigration King of the sky by Nicola Davis
13.11.23 PSHE - Happy Minds	Building Relationships Talk about people who are special to us Understand what it means to be a valued person	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
20.11.23 School Values	Building Relationships To understand why it is important to share and co-operate with others To develop strategies to help share with others	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)	Resilience– relate to our school value: turtle What does resilience look like? How can we be resilience? (School council to discuss class discussions in their weekly meeting)
27.11.23 PSHE - Happy Minds	Building Relationships To see myself as a valuable individual. To understand that it is ok to like different things	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain	Meet Your Brain
4.12.23 Safeguarding	Talk PANTS 'Pants are Private'	Talk PANTS 'Pants are Private'	Talk PANTS 'Pants are Private'	Talk PANTS 'Pants are Private'	Talk PANTS 'Pants are Private'	Talk PANTS 'Pants are Private'	Talk PANTS 'Pants are Private'
11.12.23 PSHE - Happy Minds	Building Relationships To explore diversity through similarities and differences	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate
18.12.23 Equality and Diversity No Outsiders	No Outsiders You Choose	To Join In Going to the volcano by Andy Stanton	To Have Self-Confidence How to be a lion by Ed Vere	To Understand What a Bystander Is We're all wonders by R. J. Palacio	To Choose When to be Assertive Dogs don't do ballet by Anna Kemp	To Justify My Actions Rose Blanche by Ian McEwan	To Consider Language and Freedom of Speech The only was is Badger by Stella J Jones
TERM 2							
8.1.24 Safeguarding	Stranger Danger – remind of the whistle policy Managing Self To understand why we have rules	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy	Stranger Danger – remind of the whistle policy
15.1.24 PSHE - Happy Minds	Managing Self Understand the importance of persistence Develop confidence in own abilities	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate

22.1.24 Online Safety	Digiduck's Famous Friend Keeping personal information safe online	Time Online	Time Online	Friends	Fake News	Gaming	Naked Images
29.1.24 PSHE - Happy Minds	Managing Self To work together to overcome challenges To communicate effectively	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate	Celebrate

6.2.24 Equality and Diversity No Outsiders	No Outsiders Red Rockets & Rainbow Jelly	To Find Ways To Play Together Want to play trucks? By Ann Stott	To Understand What Diversity Is The great big book of families by Mary Hoffman	To Be Welcoming Beegu by Alexis Deacon	To Be Proud of Who I Am Red: A crayon's story by Michael Hall	TO Consider Responses to Racist Behaviour Mixed by Arree Chung	To Overcome Fears about Difference Leaf by Sandra Dieckmann
12.2.24 PSHE - Happy Minds	Managing Self To learn and practice 'grounding' coping strategies	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate
HALF TERM							
26.2.24 PSHE - Happy Minds	Self Regulation To understand why it is important to listen carefully	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate
4.3.24 Road Safety	Self Regulation To listen attentively to retell parts of a familiar story	Road Safety	Road Safety	Road Safety	Road Safety	Road Safety	Road Safety
4.3.24 Online Safety	Detective Digiduck Not everything on the internet is true Self Regulation To follow instructions involving several ideas or actions	Positive Communication	Positive Communication	Passwords	Phishing	Passwords	Self-Image
11.3.24 PSHE - Happy Minds	Self Regulation To give simple instructions	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate	Appreciate
18.3.24 Equality and Diversity No Outsiders	No Outsiders Mommy, Mama and Me by Leslea Newman	Proud To Be Me Hair, it's a family affair by Mylo Freeman	To Think About What Makes a Good Friend Amazing by Steve Antony	To Recognise a Stereotype The truth about old people by Elina Ellis	To Find Common Ground Aalfred and Aalbert by Morag Hood	To Recognise When Someone Needs Help How to heal a broken wing by Bob Graham	To Consider Causes of Racism The island by Armin Greder
25.3.24 Christopher Winter	Self Regulation To listen and respond to phrases and instructions involving many ideas / actions	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter
TERM 3							
15.4.24 PSHE - Happy Minds	Building Relationships To understand we all have different beliefs and celebrate special times in different ways	Relate	Relate	Relate	Relate	Relate	Relate
22.4.24 PSHE - Happy Minds	Building Relationships To understand why sharing is important	Relate	Relate	Relate	Relate	Relate	Relate
29.4.24 PSHE - Happy Minds	Building Relationships To understand the characteristics that make a good friend	Relate	Relate	Relate	Relate	Relate	Relate
29.4.24 Online Safety	Digiduck and the Magic Castle Hidden risks in online games – pop us, peer pressure, purchases	Private Information	Private Information	Photos	Self-Image	Privacy Settings	Tik Tok
7.5.24 PSHE - Happy Minds	Building Relationships To understand why it is important to support each other by being kind	Engage	Engage	Engage	Engage	Engage	Engage
13.4.24 Equality and Diversity No Outsiders	No Outsiders Blue Chameleon by Emily Gravett	I Share the World With Lot of People My world your world by Melanie Walsh	To Communicate in Different Ways What the jackdaw saw by Julia Donaldson	To Recognise and Help an Outsider The Hueys and the new jumper by Oliver Jeffries	To Look After My Mental Health When sadness comes to call by Eva Eland	To Explore Friendship The girls by Lauren Lee	To Show Acceptance Introducing Teddy – Jessica Walton
20.5.24 PSHE - Happy Minds	Building Relationships To learn how to help, listen and support others while working in a team	Engage	Engage	Engage	Engage	Engage	Engage
HALF TERM							
3.6.24 Christopher Winter	Managing Self To learn the importance of exercise and how it affects different parts of the body	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter
10.6.24 PSHE - Happy Minds	Managing Self To explore guided meditation to help my body stretch and relax	Engage	Engage	Engage	Engage	Engage	Engage

17.6.24 Equality and Diversity No Outsiders	Managing Self To understand why it is important to take care of myself by completing tasks related to health and hygiene	To Work Together Errol's Garden by Gillian Hibbs	To Know I Belong All are welcome by Alexandra Penfold	To Consider Living in Britain Today Planet Omar: Accidental trouble magnet by Zanib Mian	To Show Acceptance Julian is a mermaid by Jessica Love	To Exchange Dialogue and Express an Opinion And tango makes three by Justin Richardson	TO Consider Democracy A day in the life of Marlon Bundo by Marlon Bundo
24.6.24 Christopher Winter	Road Safety To understand what it means to be a safe pedestrian	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter	Christopher Winter
1.7.24 Road Safety	Managing Self To understand the importance of healthy eating and a balanced diet	Road Safety	Road Safety	Road Safety	Road Safety	Road Safety	Road Safety
8.7.24 PSHE - Happy Minds	Transitions Moving up to Year 1 – new adventures, worries	Engage	Engage	Engage	Engage	Engage	Engage
8.7.24 Online Safety	Digiduck's Big Decision Being kind on the internet	Digital Footprints	Digital Footprints	Time Online	Things are not always as they seem	Time Online	Whatsapp